

PRP Therapy at a Scottsdale Med Spa Close to Talking Stick Platelet-rich plasma has moved from sports medicine headlines into everyday skin conversations, and residents around Talking Stick and the south end of the Loop 101 are among those asking about it. The appeal is easy to understand: PRP uses a small sample of your own blood rather than a synthetic product. At The Skin Shop Medspa Scottsdale, an RN-owned practice on N Scottsdale Rd near Shea Blvd, PRP therapy is offered as part of tailored skin plans. The process starts with a simple blood draw. That sample is spun to concentrate the platelets, and the resulting plasma is then applied to or placed within the skin, often in combination with microneedling so it can reach beneath the surface. Platelets carry growth factors involved in the body's natural repair process, which is why PRP is frequently discussed for texture, tone and the lingering marks left by acne. Acne scarring is where several Google reviewers mention PRP, and the honest framing in those reviews stands out. Clients describe being told to expect gradual improvement rather than a dramatic overnight change. That candor is important. Results vary with the type and depth of scarring, skin type and how many sessions are completed, and PRP is generally planned as a series rather than a single visit.

The Skin Shop Medspa Scottsdale | 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 | (480) 948-1759

Because a blood draw is involved, it helps that the practice is owned and run by two registered nurses. Cyndie Nohr, RN and Shelly Stump, RN have more than 50 years of combined medical experience, and both earned certifications in laser, advanced injectables and cosmetic procedures at the National Laser Institute. Clients who feel uneasy about needles often say the calm, clean setting helps them relax. Expect some redness and sensitivity after a PRP and microneedling session, similar to what people notice after microneedling alone. The nurse will explain how long to wait before resuming your usual skincare, why sunscreen is non-negotiable afterward and when to schedule the next appointment. Planning sessions during the cooler months can make sun protection easier, though the timing is always shaped around your own schedule. A typical PRP appointment takes longer than a quick injectable visit because of the draw and preparation, so it is worth booking a slot when you are not watching the clock. Numbing is commonly used before microneedling to keep the session comfortable. Clients are encouraged to arrive well hydrated, mention any medications or supplements during intake and [med spa scottsdale](#) ask as many questions as they like, since the nurses would rather explain a step twice than have someone feel uncertain. From Talking Stick, the drive north on the Loop 101 to Shea Boulevard and then west to Scottsdale Road is straightforward outside rush hour. This Scottsdale med spa is open Tuesday through Saturday, and complimentary consultations make it easy to ask whether PRP suits your skin. Call (480) 948-1759 or visit 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 to start the conversation.

The Skin Shop Medspa Scottsdale Address: 10632 N Scottsdale Rd Ste A, Scottsdale, AZ 85254 Phone: (480) 948-1759 FAQ About Med Spa Scottsdale What is the difference between a med spa and a day spa? A day spa focuses on relaxation services such as massages and basic facials, while a med spa provides medical aesthetic treatments like Botox, dermal fillers, microneedling and laser procedures. At The Skin Shop Medspa Scottsdale, those treatments are performed by registered nurses who are certified nurse injectors. Every plan begins with a review of your health history during a complimentary consultation. Who performs the treatments at The Skin Shop Medspa Scottsdale? Treatments are performed by the co-owners, Cyndie Nohr, RN and Shelly Stump, RN, both registered nurses and certified nurse injectors with more than 50 years of combined medical experience. They met while training at the National Laser Institute, where each earned certifications in laser, advanced injectables and cosmetic procedures, and they still treat clients personally. How much does Botox cost at a med spa in Scottsdale? Botox pricing depends on how many areas are treated and how much product each area needs, so the cost varies from person to person. At The Skin Shop Medspa Scottsdale, the nurse explains pricing for your specific plan during a complimentary consultation before any treatment. Google reviewers often describe the pricing as fair for the quality of care, and a membership program and financing options are available. How long does Botox last? For most people, the effect of a neurotoxin such as Botox or Jeuveau lasts about three to four months before muscle

movement gradually returns. Results vary with factors such as the area treated, muscle strength and metabolism. The nurses set an individual maintenance schedule during your consultation, and online booking through Fresha makes it easy to plan the next visit. How long do lip fillers last? Hyaluronic acid fillers such as Juvederm and Restylane commonly last six to twelve months or longer, depending on the product used and the area treated. Results vary, and your own timeline is discussed at a complimentary consultation. Co-owner Cyndie Nohr, RN is known for natural-looking lip filler and a go slow approach that leaves room to add more later. Is microneedling good for acne scars? Microneedling is commonly used to help improve the look of acne scarring and uneven texture by prompting the skin's own repair response. The nurses at The Skin Shop Medspa Scottsdale are candid that the goal is improvement rather than removal, and results vary with the type and depth of the scars. Some clients also discuss PRP therapy or Vivace RF microneedling as part of their plan. How many microneedling sessions will I need? Microneedling is usually planned as a series of sessions spaced several weeks apart, because the skin responds gradually. The exact number depends on your skin, your goals and how it responds, so the nurse sets the plan during a complimentary consultation. Reviewers mention receiving a follow-up text after treatment to check how their skin was settling. What is a HydraFacial and is there downtime? A HydraFacial combines cleansing, gentle exfoliation, extraction and hydration in one appointment, which suits skin dried out by the Arizona climate. It generally involves little or no downtime, so most people return to their normal plans afterward. At The Skin Shop Medspa Scottsdale, the treatment can be customized for sensitive skin, something Google reviewers have specifically mentioned. Is laser hair removal permanent? Laser hair removal is best described as long-term hair reduction rather than a permanent result. It requires a series of sessions spaced weeks apart because hair grows in cycles, and results vary by skin type, hair color and treatment area. Both owners hold laser certifications from the National Laser Institute, and sessions are planned around Arizona sun exposure. What should I avoid before Botox or filler? Before injectables, the nurses ask about medications and supplements that may raise the chance of bruising, as well as recent treatments, allergies and upcoming events. It is best to follow the specific guidance you receive at your consultation rather than stopping any prescribed medication on your own. Scheduling filler well ahead of weddings or photo shoots also leaves time for any swelling to settle. Does The Skin Shop offer a membership or financing? Yes. The Skin Shop Medspa Scottsdale offers a membership program for clients who visit regularly, and members who have left Google reviews describe it as worth it. There is also a financing and payment options page for larger treatment plans. The nurses can explain which option fits your plan when you call (480) 948-1759. How do I choose a med spa in Scottsdale? Start by asking who will perform your treatment and what their credentials are, then look for a practice that offers a thorough consultation and sets honest expectations. Read reviews for patterns rather than single comments. The Skin Shop Medspa Scottsdale is RN-owned, offers complimentary consultations, holds a 5.0 rating from 79 Google reviews and sits on N Scottsdale Rd near Shea Blvd.