

What qualifies as a high fibre horse feed?

A **high fibre horse feed** is any **horse feed** created to deliver more energy from fibre rather than from cereal starch. In practical terms, that means the feed is built around ingredients such as beet pulp, alfalfa, soya hulls, and other forms of **easily digested fibre** that support **gut health** and **healthy digestion**. For most owners, the big advantage is that fibre helps fuel the horse more steadily through the **hindgut**, making it a useful **energy source** for horses that need calmer, more even nutrition.

High fibre feeds usually sit alongside good-quality **forage**, especially **hay** and **haylage**. In many feeding programmes, forage should remain the foundation, with bucket feed used to top up energy, protein, vitamins, and minerals. A high fibre product is often **low starch** and **low sugar**, which makes it suitable for horses where **metabolism** matters, including those with a higher **laminitis risk**.

It helps to think of fibre as a type of slow-release fuel. Unlike very starchy rations, fermentable fibres are broken down more gradually in the hindgut, which can support a more stable temperament and better **condition**. That is why fibre-based **horse feed** is often chosen for an **idle horse**, a horse in light work, or an older horse with changing dental or digestive needs. A good high fibre feed may also help with **weight management** because it can increase chewing time and meal satisfaction without relying on excess starch.

Not every product labelled "fibre" is identical, though. Some are simply very fibrous but still calorie-dense; others are lower in energy and intended mainly as a **supplement** to forage. The best choice depends on the horse's workload, **body score**, and whether the goal is **increasing weight**, maintenance, or improved **competition horse** support.

What is the most suitable high fibre horse feed for different horses?

The most accurate answer depends on the horse, not just the bag. A helpful **horse feeding chart** can guide, but it should be treated as a starting point rather than a fixed rule. A **horse feed for beginners** should be easy, safe, and easy to match to forage intake. In general, the ideal high fibre option is the one that fits the horse's age, work level, teeth, condition, and digestive sensitivity while keeping the ration balanced.

For an **idle horse**, a low-calorie, high fibre product may be enough, especially when combined with ad-lib forage. For a **young horse**, you may need a more nutrient-dense **complete horse feed** or a fibre feed plus a **feed balancer** to support growth without overloading the diet with starch. For a **senior horse**, the best choice is often a highly digestible, palatable feed that is easy to chew and digest, with attention to fibre source and meal size.

For a **performance horse**, a fibre-based ration can still work very well, especially when the workload is moderate or when calmer energy is preferred. In these cases, many owners choose a higher-energy fibre feed, sometimes with added oil, so the horse gets enough fuel without a heavily cereal-based ration. That approach can support condition and stamina while helping avoid sharp energy swings.

Owners often ask for horse feeding advice that is simple and practical. The simplest rule is this: base the ration on forage, then choose a bucket feed that fills the gaps. If a horse already gets enough vitamins and minerals from forage and a balancer, a fibre feed may simply be used for extra calories or to carry a **supplement**. If the horse needs more total nutrition, a **complete horse feed** may be more efficient. A complete feed can reduce guesswork, but it is not automatically better than a fibre-led ration.

If you are comparing options, use the horse's current **body condition score**, workload, and digestive history as your guide. The "best" product is the one that improves condition without creating too much starch, keeps the

horse comfortable, and can be fed consistently every day.

Horse feed types: fibre cubes, pellets, chaff and balancers

There are various main **types of horse feed**, and each has a distinct purpose in a ration. **Fibre cubes** are compact feeds that deliver fibre in a practical, chewy form. They are often useful for horses that need added volume or a higher-fibre calorie source. **Pellets** can be more concentrated and uniform, making them easy to weigh out and blend into a structured ration.

Chaff is chopped fibre, usually used to reduce eating speed, improve chewing, and add variety. It is often fed with a bucket feed to improve taste and stimulate saliva production, which supports digestive function. Chaff is especially helpful when you want the horse to take longer over meals and less time rushing its feed. Some chaffs are more energy-dense and higher in calories, while others are mostly a fibre base for a balanced diet.

A **feed balancer** is something else entirely. It is not usually a main energy feed, but a concentrated source of vitamins, minerals, amino acids, and sometimes probiotics or other targeted nutrients. A balancer is useful when a horse lives mainly on forage and needs nutrient “top-up” without extra calories. This makes it a strong choice for low-maintenance horses, horses on restricted intake, or owners building a ration around hay and chaff.

In many yards, the best approach is a blend. For example, hay plus chaff plus a balancer can suit well for a horse that does not need many calories. A horse needing more support for condition might do better with fibre cubes or pellets alongside forage. The key is pairing the feed format to the horse’s appetite, work demands, and **condition**.

When choosing among these **horse feed** options, consider chewing ease, **palatability**, and whether the product fits the overall ration. The format matters, but so do the nutrient levels behind the label.

How to read a horse feed label and assess ingredients

Knowing how to read a feed label is one of the most useful horse feeding basics. Begin with the headline figures: **crude fibre**, **oil content**, **starch**, and **molasses**. These numbers show you a lot about how the feed is likely to perform in the horse. A high fibre product should usually show a meaningful crude fibre level, with controlled starch content and a sensible balance of oil and digestible ingredients.

Starch content is particularly important for horses prone to excitable behavior from cereal-heavy rations. Lower starch generally means a calmer, more fibre-led feed, which may be better for digestive comfort and metabolic health. That does not mean all starch is bad; it simply means the level should suit the horse. For some horses, medium starch is acceptable within a balanced diet. For others, especially those at risk of laminitis, lower is often safer.

Molasses can increase **palatability**, but it also raises the sugar profile of the feed. Some molassed products are perfectly usable in the right ration, but if you need low sugar and low starch, select with care. Reading the ingredient list helps you understand whether the feed is based mainly on forage sources or whether it relies more heavily on cereal by-products and sweeteners.

Oil content is another important clue. A feed with more oil may provide extra calories without increasing starch. That can be helpful for horses needing body condition support or sustained work fuel. Meanwhile, feeds with higher crude fibre and lower starch are often better suited to routine care, recovery, or weight management.

A useful shortcut: check not only the nutrient percentages but also the ingredient order. The earlier ingredients appear, the more of them are usually present in the feed.

When reviewing labels, think in terms of the whole ration, not a single bag. A well-designed feed should work alongside forage, not replace it. The smartest choices support the horse's digestive system while matching workload and condition needs.

Rules for feeding horses every owner should follow

Good **horse feeding rules** are easy to follow, but they count. The most familiar **10 rules of feeding horses** all lead to one principle: feed the horse as a grazing animal first. That means **forage first**, with bucket feed used to supplement rather than dominate the ration. This approach encourages natural chewing behaviour, saliva production, and a healthier hindgut environment.

An important rule is to avoid sudden changes. Horses need time to adapt to new feeds, and the digestive system responds best to gradual transitions. Whether you are switching to a different **horse feed** or adding a new supplement, make the change slowly over several days. That helps support digestive health and lowers the chance of upsets.

Bifid UK

+44 800 422 0888

sales@bifid.co.uk

<https://bifid.com/uk/>

Smaller meals are better than large ones. A horse's stomach is relatively small, so feeding large bucket meals can increase risk and reduce efficiency. Smaller, more frequent meals are gentler on digestion and align better with the horse's natural eating pattern. This is especially important for horses on higher-concentrate rations, but it matters for fibre feeds too.

Other core rules include providing clean water at all times, checking teeth regularly, and matching feed to [overweight horse feed](#) bodyweight and workload. Good feeding also means avoiding over-supplementation: if a feed is already complete, you may not need to add much else. The aim is a balanced diet, not a crowded feed bucket.

For horse owners, especially those looking for horse feed for beginners, the main message is simple: build the ration around forage, feed according to need, and keep the horse's digestive system in mind at every step.

How much horse feed should you give?

There is no ration that suits every horse. The right ration depends on bodyweight, activity level, forage quality, and the horse's current **body condition score**. A **horse feeding chart** can provide a starting point, but it should be adjusted for the individual horse. This is where a **horse feed calculator uk** can help, because it can convert the horse's size and workload into a practical starting ration.

Begin with forage intake. If the horse gets plenty of good-quality hay or haylage, it may only need a small bucket feed or a balancer. If forage is limited or low in energy, you may need a more calorie-dense high fibre feed. The purpose is to meet nutritional needs without overfeeding calories the horse does not require.

Bodyweight matters because it influences both maintenance needs and feed volume. Larger horses need more total intake; smaller horses need less. But weight alone is not enough. A horse with a poor body condition score may need a different ration than a heavier horse carrying excess fat. This makes condition scoring so useful: it shows whether the feeding programme is producing the right result, not just the right numbers on paper.

A useful way to think about ration planning is this: assess forage, check condition, estimate workload, and then set the feeding rate. Adjust slowly and monitor the horse over two to three weeks before making further changes. If the horse is losing weight, gaining too quickly, or becoming too sharp, re-balance the ration rather than simply adding more feed.

For lots of horses, the best answer is not “more horse feed” but “better matched horse feed”. This is where high fibre products often shine: they can support condition and digestive comfort without making the ration excessive.

The cost of horse feed: what affects price versus value?

Horse feed pricing varies widely, and cost alone doesn't show which product is the best value. If you are asking **how much does horse feed cost**, the real answer comes down to the formula, the brand, the feed format, and the size of the bag. A larger **bag size** may appear expensive at checkout but can offer more value per serving if the feeding rate is sensible.

The most useful measure is **cost per day**. A feed that looks less expensive per bag may be more costly in practice if the horse needs a large quantity to meet nutritional targets. On the other hand, a denser feed or balancer may cost more per bag but less per day because the feeding rate is smaller. That is why comparing bag price without looking at the ration can be misleading.

Other factors affect value too. Premium ingredients, added oil, higher digestibility, and included vitamin and mineral support can all raise price. But if those features reduce the need for separate supplements, the overall ration may still be economical. For a horse with specific needs, the best value is the feed that solves the problem efficiently, not the cheapest option on the shelf.

When weighing horse feed cost, compare three points: the daily feeding rate, the nutrients included, and how well the product fits the horse's condition and workload. A feed that supports digestive health and condition with fewer extras may cut costs in the broader ration.

Popular horse feed companies along with illustrative products

There are many **horse feed companies** selling forage-based products, complete feeds, and balancers. One of the most familiar names is **spillers horse feed**, which offers a wide range of products for different workloads and nutritional goals. Some other companies produce similarly structured ranges, so the best comparison is not brand loyalty alone but how each product fits the horse.

A sensible **product comparison** should look at fibre level, starch content, oil, added vitamins and minerals, and intended use. A true **fibre feed** may suit a horse needing calm calories, while a more concentrated complete feed may work better where nutrient density matters. Some products are best used as the main bucket feed; others are designed to sit alongside hay and a balancer.

As you compare brands, ask these questions: Is the feed mainly forage-based? Is it low starch and low sugar? Does it provide enough calories for condition without being too rich? Is it suitable for the horse's age and work level? These questions often matter more than the brand name itself.

For many horse owners, the best company is usually the one that provides clear labelling, transparent feeding guidance, and products that match real-world needs. If you are choosing between a balancer, a fibre cube, or a complete feed, compare their intended role in the ration rather than treating them as direct substitutes.

Can you make a horse feed mix recipe at home?

It is possible to create a simple **horse feed mix recipe** at home, but it must be done carefully. A homemade mix might include **bran**, **oats**, a source of fibre, and a mineral **supplement**. However, creating a genuinely **balanced diet** is harder than it looks, because horses need precise amounts of vitamins, minerals, protein, and energy. An unbalanced DIY ration can create more problems than it solves.

Oats are classic and can offer fast energy, but they are not ideal for every horse, especially if starch content needs to stay low. Bran can add bulk but should not be used as a principal nutritional base. If you want to make your own mix, the safest approach is to use a forage-led ration, then add a carefully measured balancer or a properly formulated commercial nutrient source to cover the gaps.

Homemade feeds can be useful for taste or as a temporary solution, but they should not replace proper ration balancing. The horse's requirements for calcium, phosphorus, salt, selenium, and other nutrients still need to be met. That is why many owners prefer to build around a commercial fibre-based product and then fine-tune the ration with a balancer rather than depending completely on a home mix.

If you want the ease of a homemade approach, keep it simple. Use clean, uniform ingredients, avoid overcomplicating the bowl, and make sure the overall ration still supports digestive health, overall condition, and the horse's workload.

FAQ: choosing the right horse feed for your situation

What is the best high fibre horse feed for a horse that needs to gain weight?

The best choice is usually a high fibre horse feed that is also calorie-dense, often with added oil and highly digestible fibre sources. Look for a product that supports **weight gain** without pushing starch too high. If the horse already gets plenty of forage, a more energy-dense fibre feed plus a balancer may work well. The key is to improve body condition steadily while keeping digestion comfortable.

Is a complete horse feed always better than a fibre feed?

No. A **complete horse feed** is not always better than a fibre feed. It depends on the horse's needs. A complete feed can be convenient when you want a full nutrient package in one product, but a high fibre feed may be better for stable energy, digestive support, or **weight management**. The best choice is the one that fits the ration and the horse's workload.

How do I work with a horse feed calculator UK to determine the right ration?

Rely on the calculator as a baseline by adding the horse's bodyweight, workload, and sometimes age or condition. Then compare the result with the horse's current forage intake and **body condition score**. A **horse feed calculator uk** is helpful, but it should not override your own observation. Tweak the ration gradually and observe whether the horse maintains condition as intended.

Can I feed high fibre horse feed to a horse prone to laminitis?

Often, yes, provided the feed is truly **low starch** and **low sugar**. Horses with **laminitis risk** usually respond well to fibre-led rations and controlled energy intake. Always check the label carefully for **starch content** and molasses, and make forage the foundation. If the horse has a history of laminitis, ration choices should be conservative and based on professional horse feeding advice uk.

How can I tell if my horse is getting enough fibre in its diet?

Look at the whole diet rather [fibre heavy performance feed](#) than just the bucket feed. If the horse has ample forage, consistent droppings, relaxed chewing behaviour, and steady condition, fibre intake may be adequate. A diet built on **forage**, **hay**, or **haylage**, plus a suitable fibre feed if needed, usually supports good gut health. If the horse seems hungry, loses condition, or has digestive changes, reassess the ration and feeding rate.