



# ALCOHOL DETOX

alcohol detox



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United States



archangelcenters.com



# ALCOHOL DETOX TINTON FALLS

GOD IS  
WITH ME  
I CAN'T LOSE



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Alcohol detoxification looks easy from the outside. Stop alcohol consumption, wait a few days, move on. Any individual who has endured it, or aided an enjoyed one with it, understands better. The body adapts to alcohol in manner ins which touch rest, high blood pressure, mood, and memory. When the alcohol stops, those systems misfire. Great detox in Tinton Falls maintains you safe while those systems reset. Excellent detoxification prepares you for the following part of healing, the component that lasts.

This guide goes through what alcoholism treatment resembles today in Monmouth Area, what takes place in the initial 72 hours, just how medical professionals take care of threat, and how to select between alternatives. It consists of the trade-offs I review with family members each week, and it uses local realities to ground the guidance. Whether you are looking for alcohol detox Tinton Falls on your own or a person you love, understanding the surface lowers fear and improves outcomes.

**Detox and rehab are not the very same thing**

Detox is the clinically taken care of procedure of clearing alcohol from your system while managing withdrawal symptoms. It is brief, normally 3 to 7 days. The primary goal is safety. The additional goal is comfort.

Rehab is what follows. It consists of treatment, education and learning, medicine for relapse prevention, household work, and method living without alcohol. Rehab can be residential, partial hospitalization, or outpatient. It typically lasts weeks to months. Think about detoxification as a path and rehab as the flight. You need both to get to a destination.

In Tinton Falls, many individuals full detoxification at a dedicated system, a hospital-based program, or a certified withdrawal monitoring facility, after that enter alcohol rehab Tinton Falls or a neighboring outpatient program. Some facilities bundle both under one roofing system; others collaborate with companion programs around Monmouth County.

## **The initial telephone call and what admission looks like**

Most admissions begin with a brief phone call. Expect to address useful concerns: how much you consume alcohol, exactly how often, the last drink, case history, existing medicines, allergic reactions, seizures, episodes of extreme complication, and psychological wellness background. Precision issues. Under-reporting the last beverage or quantity can threaten the detoxification plan. If you are calling for an enjoyed one, share what you see. Slurred speech, hand shakes in the early morning, sweating, or impatience by late mid-day factor toward physical dependence.

Timelines vary. If you are at high threat for difficult withdrawal, the group will try to confess the same day, occasionally within hours. If danger is modest, you may have an intended admission window. When beds are tight, team often coordinate a risk-free bridge: hydration, vitamins, and a cautious strategy to avoid a dangerous gap.

Insurance confirmation normally runs in parallel. Many business strategies and Medicaid strategies recognize detoxification as medically needed when particular criteria are met. Expect consent for a short remain first, with updates sent daily from the professional team.

If severe symptoms appear in your home, do not wait. Call 911 or most likely to the nearest emergency situation division. Seizures, severe confusion, high fever, uncontrolled vomiting, or breast discomfort need instant care. In this area, medical facility emergency departments coordinate carefully with detoxification programs for safe transfers once you are stabilized.

## **Day one and the initial 72 hours**

The intake registered nurse will certainly check crucial indicators, blood alcohol content if relevant, and location you on a standardized evaluation like CIWA-Ar, a validated tool that ratings withdrawal signs. You will usually obtain thiamine, folate, and a multivitamin very early to safeguard the brain and prevent Wernicke's encephalopathy, which is unusual but serious. If you are currently shaky, perspiring, distressed, or nauseated, the medical professional or nurse practitioner starts symptom-driven medicine promptly.

Here is how the first stretch commonly unfolds.

- Hour 0 to 12: Consumption, labs, hydration, vitamins, and a first dose of medicine if shown. You might feel groggy or uneasy. Personnel look at you often.
- Hour 12 to 24: Signs and symptoms can escalate. Tremor, anxiousness, inadequate sleep, and blood pressure spikes prevail. Medication doses are gotten used to your score and vitals. Easy food, liquids, and brief walks

help.

- Day 2: If withdrawal dangers are higher, this is a critical day. Seizure danger is higher in the first 48 hours. The team watches very closely. Numerous individuals start to support, with less trembling and far better sleep.
- Day 3: Signs and symptoms typically relieve. The group shifts towards planning. You fulfill a therapist, review triggers, and map the following degree of care. If offered, you might attend a quick group or a one-on-one session.
- Day 4 to 7: Length depends on intensity, co-occurring problems, and feedback to drugs. Some discharge on day 3, others need a couple of more days to land gently.

Families sometimes are afraid that medicines just change one compound with an additional. Done appropriately, detoxification relies upon brief training courses of drugs that lessen as signs settle. The strategy is customized and time-limited.

## **Medications made use of in alcohol detox**

Most systems make use of symptom-triggered benzodiazepines, because this course decreases the danger of seizures and delirium tremens when alcohol stops. Usual choices include diazepam and lorazepam. Dosages are not one dimension fits all. Older grownups, individuals with liver disease, or those with severe sleep apnea require mindful adjustments.

Adjuncts alleviate particular signs. Gabapentin can lower stress and anxiety and sleeplessness. Clonidine or propranolol aids with free signs like fast heart price and trembling. Hydroxyzine or trazodone sustains rest. Antipsychotics such as haloperidol might be used briefly for extreme frustration or hallucinations, yet not as a standalone for seizure prevention. Thiamine is non-negotiable, offered before sugar when feasible. Extra extreme or complicated instances often require inpatient hospital administration with IV fluids, electrolyte adjustment, and continual monitoring.

A good detoxification program go for the lowest efficient medicine dose and quits it as quickly as it is safe. The objective is not a chemical cushion for weeks. It is secure passage.

## **Understanding danger: who needs inpatient detox**

Not everyone requires inpatient detox. Light to moderate withdrawal can be taken care of at home with daily facility check-ins and prescriptions, especially when there is strong social support and no major wellness conditions. That claimed, specific variables press the scale toward managed care:

- History of withdrawal seizures or ecstasy tremens, also once.
- Heavy or long duration of drinking, for example a pint or even more of liquor daily for months.
- Significant medical issues such as cardiovascular disease, unchecked diabetes mellitus, or liver failure.
- Pregnant clients, that need worked with obstetric and dependency care.
- Lack of a trustworthy sober caregiver at home.

Tinton Autumns has ready accessibility to both inpatient and ambulatory setups. The appropriate suit relies on safety and security first, then logistics and preference.

## **What rehabilitation looks like after detox**

The handoff from detoxification to rehab forms the following six months. Solid programs build that bridge early. You will likely meet a case supervisor or therapist by day two who timetables the first visits, sets up transport when required, and checks insurance policy protection. Options consist of:

- Residential rehabilitation, typically 2 to 4 weeks, for those that need a structured environment without very easy access to alcohol.
- Partial a hospital stay, 5 days weekly for a number of hours daily, with nights at home.
- Intensive outpatient, 3 to 4 days each week, normally at nights to stabilize work or family.
- Standard outpatient treatment, one or two times weekly, often paired with peer support.

Therapies vary, but cognitive behavior modification and motivational speaking with are mainstays. Several programs in this area add trauma-informed treatment, family members sessions, and abilities training for rest, anxiety, and interaction. An effective alcohol rehab Tinton Falls strategy looks ordinary theoretically however demanding in life: constant therapy, peer connection, medication when proper, and day-to-day problem resolving in the house and work.

## Medication for regression prevention

Detox addresses withdrawal, not yearning or relapse danger. Ongoing alcohol addiction treatment frequently includes drug:

- Naltrexone decreases incentive from drinking and can lower heavy alcohol consumption days. It comes as a day-to-day tablet or a regular monthly shot. It is a good suitable for lots of, unless there is severe liver disease or opioid use.
- Acamprosate supports abstinence by reducing post-acute signs like interior restlessness. It is dosed three times everyday and functions best as soon as you are alcohol-free.
- Disulfiram develops an aversive reaction if you consume on it. It benefits people that want a strong outside brake and have reliable supervision.
- Off tag medicines such as topiramate or gabapentin can help some individuals that do not endure first-line options.

The choice depends on goals. Someone aiming for overall abstinence might choose acamprosate or naltrexone. Somebody trying to decrease hefty drinking days, en path to abstaining, might begin with naltrexone. A patient with serious liver condition calls for added care and commonly favors acamprosate.

## A day inside a modern detox unit

The medical parts are foreseeable. The human parts differ. On a normal morning, vitals and symptom scores preceded, followed by a light morning meal. A nurse look at hydration and rest. If you feel uncomfortable, dull foods work best, and ginger tea assists more frequently than you would certainly anticipate. If you rested inadequately, the group readjusts the night plan.

Afternoons often include a short psychoeducation team, if you are up for it, on topics like triggers, rest health, hydration, and what the next week appears like. People that really feel too unstable remain in their spaces and fulfill one-on-one later on. The majority of units construct in peaceful hours to decrease overstimulation. A therapist might rest with you to provide phone numbers you intend to prevent for a while. Phones are sometimes limited during intense withdrawal to restrict stress.

Evenings are low profile. Easy activity, a brief stroll in the corridor, or mild extending aids. Personnel encourage showers and fresh garments, little acts that restore self-respect when your body really feels off. This appears fundamental, and it is, but it assists people transform the corner.

## Local context in Tinton Falls and Monmouth County

Location issues. Tinton Falls sits near a number of medical centers and outpatient facilities, which shortens the handoff in between detoxification and rehabilitation. Mass transit is restricted, so programs that use trips or collaborate with household have a side. Job schedules around the Shore can be seasonal, and night intensive outpatient teams aid those who handle changing shifts.

Peer support is simple to find. There are Alcoholics Anonymous conferences across Monmouth Region, consisting of early morning and lunchtime formats. Some churches and community centers host non-12-step teams as well. A strong alcohol rehab Tinton Falls plan typically includes a dedication to attempt several meetings, not just one, to find an excellent fit.

Legal problems surface in this area as everywhere. If you have a pending drunk driving, tell your therapist. Programs can supply participation documents and coordinate with lawyers or probation when ideal, with your written approval. Personal privacy regulations protect your info under HIPAA and 42 CFR Part 2, so absolutely nothing is shared without **alcohol detox** your permission.

## Special populaces and clinical judgment

One size never ever fits all. Right here are situations where strategies frequently shift:

- Older adults metabolize medications in a different way, and drop threat is genuine. Reduced benzodiazepine doses, slower tapers, and added interest to hydration and electrolytes prevent complications.
- People with liver condition call for mindful medicine choice. Lorazepam is frequently preferred in serious liver impairment due to the fact that it avoids active metabolites. Naltrexone might be postponed until liver feature improves.
- Pregnant individuals require worked with treatment. The top priority is mother's stablizing, fetal tracking when shown, and mindful medicine choices. Early prenatal coordination makes a difference.
- Those with co-occurring psychological wellness conditions take advantage of integrated care. Treat without treatment depression, PTSD, or ADHD together with alcohol usage disorder. Avoid chasing after one issue at a time.
- People with persistent discomfort need practical strategies. A great program brings discomfort monitoring into the discussion early, with non-opioid techniques, physical treatment references, and collaborated prescribing.

The common thread is customization. The appropriate plan is the one you can follow securely, not the one that looks suitable on paper.

## Cost and insurance without spin

Costs vary widely. In New Jacket, facility-based detox fees can face numerous thousand bucks for a multi-day remain, but what you pay depends upon insurance contracts and deductibles. Industrial insurance policy commonly covers detoxification when requirements are fulfilled, with copays that range from moderate to significant depending upon your strategy. Medicaid prepares in the area cover qualified detoxification programs,

though bed schedule can change. If you are without insurance, inquire about state financing blocks or charity care testing. Financial counselors can run a fast benefits inspect prior to admission so you are not surprised.

Medication for relapse avoidance is normally covered. Naltrexone injection has higher upfront price, but lots of strategies accept it when dental medicine has actually not worked or adherence is a problem. Drug stores in and around Tinton Falls are familiar with prior permissions for these medicines, yet it can still take a day or more to process.

## **Therapy that sticks after detox**

People do not relapse for absence of details. They regression when anxiety spikes, sleep collapses, or they run into an old pattern without a strategy. Effective therapy targets those real minutes. If alcohol rehab includes just talks, you will discover interesting truths and little else. Programs that blend individual treatment, abilities practice, and peer discussion show you to take care of the side cases: the colleague who pressures you consistently, the wedding anniversary of a loss, the night you do not go to sleep till 3 a.m.

Look for a strategy that practices actions. Technique saying no with a complete sentence. Method leaving a party in the very first 15 mins without description. Practice purchasing club soda with lime without a long tale. It really feels awkward at first. It obtains simpler quickly.

Medication plus therapy is not a crutch. It is a smart pairing. People that utilize both tend to stay involved longer.

## **How to prepare for admission**

A short, useful list assists the day go smoother.

- Photo ID, insurance card, and a checklist of current medicines with doses.
- Comfortable clothes and fundamental toiletries, staying clear of products that contain alcohol like particular mouthwashes.
- Names and varieties of vital get in touches with, plus any type of legal documents you might need.
- A small amount of cash or a debit card for incidentals if allowed.
- A publication or basic task for quiet durations, given that screens might be minimal early on.

Leave valuables in the house. If you wear prescription glasses, bring a backup situation. If you make use of a CPAP device for rest apnea, bring it and tell the registered nurse at intake.

## **What development really looks like**

New individuals often anticipate a rise of energy once the alcohol leaves. What they feel is much more refined. The initial genuine win is typically a constant hand. Then a full evening of sleep appears, often in between days 3 and 7. Early morning nausea or vomiting fades. High blood pressure normalizes. The mind clears sufficient to spot patterns.

Cravings can be found in waves. The initial tidy quiet Saturday can really feel empty and dangerous. A great plan loads it with basic structure: a meeting, a stroll, food preparation something you really intend to consume, a telephone call with someone secure. Over weeks, energy returns. Over months, self-confidence grows. The mind's incentive system, down-regulated by years of alcohol, alters. It does not break back in a week. It changes with repetition.

# Common mistaken beliefs that enter the way

Two concepts create a lot of harm. The very first is waiting on excellent preparedness. Readiness is not a door that opens up completely. It is a window that splits. If the window is open today, move. Programs in Tinton Falls can normally start the procedure promptly when you call.

The second is the myth that slip erases development. A slip is information. It tells you where the strategy was thin. Utilize it to strengthen the plan, not to validate a story that you can not transform. Individuals that mount slides as info return on the right track faster.

## A short story from the work

A man [alcohol detox tinton falls](#) in his fifties from simply outside Tinton Falls called one Monday early morning after a weekend he did not remember. He had actually attempted to quit in the past and confiscated in his kitchen area. This time around he came in the same day. The first 24-hour were uneven. He slept in short ruptureds, called his bro twice, and stressed he would never steady. On day 3, he consumed a full breakfast and walked the corridor without grasping the rail. He consulted with the therapist, consented to start naltrexone injection prior to discharge, and participated in a small group where he said specifically 3 words. A week later on he began evening extensive outpatient and maintained functioning early mornings. He marked his development, not by a grand feeling, yet by small notes: constant hands at 7 a.m., coffee that tasted like coffee once again, a complete tank of gas at 10 p.m. Without need to detour. Six months in, he still had tough days. He likewise had a strategy that fit his life.

## Choosing between programs

If you contrast alcohol rehab alternatives, ask pointed questions. Just how do you coordinate from detoxification to rehab? What percentage of your detox patients start medicine for regression avoidance? How do you take care of co-occurring depression or anxiousness? What is your plan on household participation? That helps with transport? Can you share accumulated results, even easy ones like 30-day engagement rates?

Visit if you can. The space does not need to resemble a hotel, but it requires to really feel organized and tranquil. Watch just how staff greet patients. If they learn your name swiftly and describe what they are doing prior to they do it, that is an excellent sign.

## Life in Tinton Falls after discharge

The actual job begins in the house. Tinton Falls has the advantage of being close to seaside parks and routes. Use them. Light daily workout enhances rest, state of mind, and anxiety strength. Straightforward regimens help: groceries on the exact same day every week, washing on a routine, an once a week meeting with a sponsor or mentor. If your home is high danger, think about a sober living home for a season. Healing real estate near Monmouth Region varies in top quality, so ask your counselor for vetted options.

If you work in a setting where alcohol is part of the culture, like hospitality or sales, be straightforward with your supervisor if you have a relying on partnership. Numerous employers will certainly support a phased return or timetable adjustments during early recovery. The Family Members and Medical Leave Act might use. A human resources conversation before problems crop up is far better than one after.

## When to seek aid again

Return early if rest falls down for several nights, if yearnings ramp beyond your strategy, or if old patterns begin to sneak back. This is not failure. It is maintenance. Most programs can offer booster sessions, short-term medicine changes, or a couple of days of partial a hospital stay to reset. Peer groups can help you normalize this. People that do well long term use help as a device, not as a last resort.

## The course forward in Tinton Falls

Alcohol detoxification Tinton Falls is not regarding white-knuckling in a room until the clock goes out. It is a medically led reset that protects your mind and body. The step into alcohol rehab Tinton Falls, with therapy and drug when required, constructs a new day-to-day rhythm. Success resides in the common: the coffee that tastes like coffee, the stable hand, the plan for a difficult Tuesday. Modern alcohol addiction treatment does not rest on self-control alone. It sets science with functional assistance, and it respects the life you need to return to.

If you or a loved one is considering a start, make the telephone call. Ask straight questions. Bring the fact. From there, the group can construct a plan that is risk-free, practical, and yours.

### Archangel Centers

Address: 44 Apple St STE 3, Tinton Falls, NJ 07724

Phone: +1 732-889-5400

Website: <https://archangelcenters.com/>

## Archangel Centers

Archangel Centers is a compassionate addiction recovery and mental health treatment center in Tinton Falls, NJ. We provide evidence-based care for substance use and co-occurring mental health disorders through personalized treatment programs, including Partial Care, Intensive Outpatient Programs (IOP), Outpatient Programs (OP), Virtual Treatment, and Dual Diagnosis Treatment.

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[View on Google Maps](#)

### Business Hours

- Monday: Open 24 hours
- Tuesday: Open 24 hours
- Wednesday: Open 24 hours
- Thursday: Open 24 hours
- Friday: Open 24 hours
- Saturday: Open 24 hours
- Sunday: Open 24 hours

### Programs & Services

- Partial Care Program
- Intensive Outpatient Program (IOP)

- Outpatient Program (OP)
- Virtual Treatment Program
- Mental Health Treatment
- Dual Diagnosis Treatment
- Alcohol Addiction Treatment
- Benzodiazepine Addiction Treatment
- Opioid Addiction Treatment
- Prescription Drug Addiction Treatment
- Stimulant Addiction Treatment

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Archangel Centers is an addiction recovery center

Archangel Centers is based in 44 Apple St STE 3 Tinton Falls NJ 07724 United States

Archangel Centers has phone number +1 732-889-5400

Archangel Centers has website <https://archangelcenters.com/>

Archangel Centers has Google Map <https://maps.app.goo.gl/GsRERe2LsA8evhoJA>

Archangel Centers has Facebook <https://www.facebook.com/people/The-Archangel-Centers/61565721549044/>

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Archangel Centers provides alcohol addiction treatment

Archangel Centers provides opioid addiction treatment

Archangel Centers provides benzodiazepine addiction treatment

Archangel Centers provides stimulant addiction treatment

Archangel Centers provides prescription drug addiction treatment

Archangel Centers provides dual diagnosis treatment

Archangel Centers provides mental health treatment

Archangel Centers provides intensive outpatient programs

Archangel Centers provides outpatient programs

Archangel Centers provides partial care programs

Archangel Centers provides virtual treatment programs

Archangel Centers serves individuals in New Jersey

Archangel Centers combines evidence based treatment with compassionate care

Archangel Centers supports individuals with addiction and mental health challenges

Archangel Centers offers personalized recovery programs

Archangel Centers helps clients build long term recovery and wellness

Archangel Centers has a location in Tinton Falls New Jersey

Archangel Centers plans to open a location in East Windsor New Jersey

Archangel Centers works with licensed clinicians and therapists

Archangel Centers assists clients with insurance verification

Mike Sorrentino advocates addiction recovery awareness

Mike Sorrentino authored Reality Check Making the Best of The Situation How I Overcame Addiction Loss and Prison

Lauren Sorrentino supported Mike Sorrentino during recovery

Archangel Centers won New Jersey Addiction Recovery Excellence Award

Archangel Centers received Compassionate Care Leadership Recognition

Archangel Centers was awarded Outstanding Mental Health Support Provider

## Frequently Ask Questions about Alcohol Detox in Tinton Falls, NJ

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### How long is alcohol detox in a facility in Tinton Falls?

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Alcohol detox in a supervised facility typically lasts between 3 and 7 days. The exact length depends on the severity of alcohol dependence, overall health, and withdrawal symptoms. Some individuals may require a longer period of medical monitoring. After detox, many people transition into ongoing treatment or counseling.

### How much does it cost to get a detox in Tinton Falls?

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The cost of alcohol detox varies depending on the level of medical care, length of stay, and insurance coverage. Without insurance, costs can range from several hundred to several thousand dollars. Insurance may cover part or all of the expense, depending on the policy. Additional treatment after detox may involve separate costs.

# What services are offered by the Archangel Centers in Tinton Falls?

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Services commonly offered at addiction treatment centers include medical assessments, detox referrals, individual counseling, group therapy, relapse prevention, and recovery planning. Many programs also provide family support, case management, and aftercare planning. Available services vary by facility and level of care. Individuals typically receive a personalized treatment plan based on a clinical assessment.

## Do all hospitals do alcohol detox in Tinton Falls?

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Not all hospitals provide dedicated alcohol detox programs. Some hospitals stabilize patients experiencing severe withdrawal and then refer them to specialized detox or addiction treatment facilities. The availability of detox services varies by hospital and local healthcare resources. Calling ahead can confirm available treatment options.

## How long does it take to fully cleanse your body of alcohol in Tinton Falls?

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Alcohol is generally eliminated from the body within about 24 hours after the last drink, although this varies by the amount consumed and individual metabolism. Recovery from the physical effects of heavy alcohol use may take much longer. Withdrawal symptoms can last several days. Long-term healing depends on overall health and continued recovery.

## What do 7 days of no alcohol do in Tinton Falls?

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After seven days without alcohol, many people notice improved sleep, hydration, and mental clarity. Blood alcohol is fully eliminated well before this point, and early withdrawal symptoms often begin to improve. Energy levels and concentration may also increase. Individual experiences vary depending on previous drinking patterns and overall health.

## How long until alcohol is 100% out of your system in Tinton Falls?

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For most people, alcohol is completely eliminated from the bloodstream within approximately 24 hours after the last drink. The exact timing depends on body size, liver function, and the amount of alcohol consumed. Standard alcohol tests may detect alcohol for different lengths of time depending on the testing method. Recovery from alcohol use extends beyond the time alcohol remains in the body.

## What are the stages of alcohol detox in Tinton Falls?

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Alcohol detox typically begins with mild symptoms such as anxiety, sweating, nausea, and tremors within the first day. Moderate symptoms may develop over the next one to three days, and severe cases can involve seizures or delirium tremens. Symptoms usually begin to improve after several days with appropriate medical care. The severity varies depending on the individual's history of alcohol use.

## How much is 3 months of rehab in Tinton Falls?

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The cost of a three-month rehabilitation program varies based on the type of care, accommodations, and insurance coverage. Without insurance, expenses can range from several thousand to tens of thousands of dollars. Outpatient programs generally cost less than residential treatment. Insurance may significantly reduce out-of-pocket costs.

## What is a cheap detox in Tinton Falls?

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Lower-cost detox options may include publicly funded programs, nonprofit organizations, or facilities that accept Medicaid or other insurance plans. Community health programs may also provide financial assistance for eligible individuals. Costs and eligibility requirements vary by provider. A medical assessment is important to determine the appropriate level of detox care.

Looking for Alcohol Detox in [Fort Monmouth Recreation Area](#)? Professional alcohol detox programs provide a safe and supportive environment for individuals beginning their recovery journey. Medical supervision, personalized care plans, and compassionate support help manage withdrawal symptoms while preparing patients for the next steps in long-term addiction treatment and recovery.